



AN EMERALD MEADOWS TESTIMONIAL

“I like my freedom.
They respect that.”

✦ Avis Cookingham, *Emerald Meadows Resident*



vis Cookingham, 91, moved in to Emerald Meadows more than 16 years ago. She’s seen Emerald Meadows grow from a place with only about 15 residents to a place more than double that size. And through all the changes, she’s noticed one thing consistently—respect.

“No one treats you like you’re a child or tries to force you to participate in things,” she says. “They know us, and they know what we like. They know we’re people who can make our own choices. I like my freedom. They respect that.”

Avis came to live at Emerald Meadows because, as she aged, she was concerned about her safety at home.

“If I’d fall, there would be no one to help me,” she says. “I wouldn’t be able to get up by myself.”

Emerald Meadows was an easy choice for Avis, as it was close to home and had the perfect mix of freedom and assistance that she was looking for in an assisted-living community.

“I can get around okay on my own, and they let me do things my way,” she says.

To Avis, it’s the great staff that makes the difference. She mentions the life enrichment director and administrator, as well as other support staff, who have made her life at Emerald Meadows so rich. “Everyone is so great. So funny.”

And Avis enjoys her private room, and going to some of the many activities at Emerald Meadows when she wants to get involved.

“It’s a great place to make friends and just live your life your way,” Avis says. ✦



EMERALD MEADOWS

6117 Charlevoix Woods Ct SE · Grand Rapids, MI 49546 · (616) 954-2366 · www.Emerald-Meadows.com