



# Subacute Rehabilitation

at Providence Life Services locations

## Partnering with Marianjoy

When you choose rehab at a Providence location, you get renowned Marianjoy therapy. Providence partners with Marianjoy experts in Occupational, Speech, and Physical Therapy to help get people back to their lives as soon as possible.

- *Within 24 hours of admission, a licensed Marianjoy therapist meets with each patient, personally reviews medical records, completes an evaluation, and helps set treatment goals*
- *Patients spend time one-on-one with a licensed therapist in our fully equipped rehab gym. Therapy staff are available 7 days a week*
- *Each location has an on-site physiatrist who meets with patients to review progress and make adjustments.*
- *Private accommodations can make the entire rehab experience more conducive to recovery.*
- *When not in therapy, patients enjoy visitors, recreational opportunities, and nutritious meals and snacks in a fresh, inviting atmosphere.*

Restoring your health and mobility as quickly as possible requires an environment of care and service. We have such a passion for rehab that we work to motivate each patient to his or her highest level of outcomes. And we do it all with a genuine compassion that flows out of our Christian values.



**DR. VASILIOS  
STAMBOLIS**  
*Physiatrist*

Named a Top Doctor by *Chicago* magazine in 1997 and 2001, Dr. Stambolis brings a vast knowledge of spinal cord medicine to the rehab programs at our Elmhurst location. He has expertise in Electrodiagnosis, Spinal Cord Injury and Rehabilitation, Orthopedics/Musculoskeletal programs, and Neuromuscular programs.



**DR. NELSON  
MCLEMORE**  
*Physiatrist*

An assistant professor at Chicago's Rush Medical College, Dr. McLemore serves at our location in Palos Heights, bringing an expertise in Subacute Rehab, Electrodiagnostic Medicine (EMG), Prosthetics, Orthotics, Brain Injury, Neuromuscular Functions, Spinal Cord Injury, Stroke, and Geriatrics.



**DR. SATHEESH  
MUPPARAPU**  
*Physiatrist*

Dr. Muppa's expertise in Rehabilitation, Brain Injury, Neuromuscular Functions, Orthopedics, and Stroke make him a valuable member of our therapy team in Downers Grove.



**DR. MARTIN YEE**  
*Physiatrist*

A consulting physician at Marianjoy Rehab Hospital and an assistant professor at Rush University Medical Center, Dr. Yee enhances the Downers Grove team with his expertise in Stroke, Orthopedics, and Neuromuscular issues.



# THE JOINT COMMISSION'S GOLD SEAL

All three of our skilled nursing centers have earned The Joint Commission's Gold Seal of Approval and a Special Certification in Post-Acute Care.

## WHAT TO BRING

To get the most out of your rehab, make sure you bring clothes that are appropriate for a workout.

### CLOTHING TO BRING:

- Four or five exercise outfits
- Comfortable shoes with tread on the soles
- Cotton socks
- Comfortable sleepwear
- Undergarments
- Your own personal toiletries



And to make admission as efficient as possible, make sure you bring the proper documents.

### DOCUMENTS TO BRING:

- Medicare and insurance cards
- Advance Directives (*Durable Power of Attorney and Living Will*) — we can make copies for you

### PROVIDENCE LOCATIONS THAT OFFER MARIANJOY REHAB

#### PARK PLACE Health & Wellness Center

1150 S. Euclid Avenue  
Elmhurst, IL 60126  
**(630) 936-4100**

#### PROVIDENCE Healthcare & Rehabilitation Center at Downers Grove

3450 Saratoga Avenue  
Downers Grove, IL 60515  
**(630) 969-2900**

#### PROVIDENCE Healthcare & Rehabilitation Center at Palos Heights

13259 S. Central Avenue  
Palos Heights, IL 60463  
**(708) 597-1000**

