



Subacute Rehabilitation

at Providence Life Services locations



Why our Rehab is so Successful

Providence partners with experts in rehab to provide **Physical, Occupational, and Speech Therapy** to help clients get back to their lives as soon as possible.

- Within 24 hours of admission, a licensed therapist meets with each client, personally reviews medical records, completes an evaluation, and helps set treatment goals
- Clients spend time one-on-one with a licensed therapist in our fully equipped rehab gyms. Therapy staff are available 7 days a week
- Each location has an on-site physician who works with the rehab team and oversees patient progress.
- Private accommodations (when available) can make the entire rehab experience more conducive to recovery.
- When not in therapy, clients enjoy visitors, recreational opportunities, and nutritious meals and snacks in a fresh, inviting atmosphere.

Restoring your health and mobility as quickly as possible requires an environment of care and service. We work to motivate each client to his or her highest level of outcomes. And we do it with genuine compassion.

COMMON SERVICES WE PROVIDE INCLUDE

IV Therapy, Cardio, Respiratory, Ortho Care, Wound Care, Post-Op Care, and Pain Management.

WHAT TO BRING

To get the most out of your rehab, make sure you bring clothes that are appropriate for a workout.

CLOTHING TO BRING

- Four or five exercise outfits
- Comfortable shoes with tread on the soles
- Cotton socks
- Comfortable sleepwear
- Undergarments
- Your own personal toiletries



And to make admission as efficient as possible, **THESE DOCUMENTS ARE ABSOLUTELY NECESSARY:**

DOCUMENTS TO BRING

- Medicare and insurance cards
- Advance Directives (*Durable Power of Attorney and Living Will*) — we can make copies for you

SUBACUTE REHABILITATION

Therapeutic Programs to Restore Health and Mobility

Clients stay on campus during the length of their recovery. We combine state-of-the-art equipment with caring encouragement to help people of all ages rebuild skills and regain maximum independence.



THE JOINT COMMISSION'S GOLD SEAL

A recognized mark of quality.
All our skilled nursing centers go through the process of earning The Joint Commission's Gold Seal of Approval and a Special Certification in Post-Acute Care.

PROVIDENCE

Healthcare & Rehabilitation Center
AT PALOS HEIGHTS

13259 S. Central Avenue | Palos Heights, IL 60463
(708) 597-1000 | fax (708) 389-9990



PROVIDENCE

Healthcare & Rehabilitation Center
AT DOWNERS GROVE

3450 Saratoga Avenue | Downers Grove, IL 60515
(630) 969-2900 | fax (630) 810-0503



VICTORIAN VILLAGE

Health & Wellness Center

12525 Renaissance Circle | Homer Glen, IL 60491
(708) 590-5050 | fax (708) 590-5110



PARK PLACE

Health & Wellness Center of Elmhurst
1150 S. Euclid Avenue | Elmhurst, IL 60126

(630) 936-4100 | fax (630) 478-9164



PARK PLACE

Health & Wellness Center of St. John
10820 Park Place | St. John, IN 46373

(219) 351-5200 | fax (219) 351-5360



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