



## A PARK PLACE HEALTH & WELLNESSTESTIMONIAL

# “I’m right where I belong.”

✿ Ralph and Judy Trnka,  
*Park Place Health & Wellness Center of St. John*



Ralph Trnka’s room certainly has his personal touch. The theme is nautical, pointing toward Ralph’s love of all things on the water. His wife Judy still lives in their townhouse in Tinley Park, but she visits regularly. It wasn’t an easy decision for Judy to move Ralph to Park Place.

“I want to be with him, but I also want what’s best for him,” Judy says.

Ralph’s physical needs had become too difficult for Judy to manage on her own at home. And because Ralph’s mind is so mentally fit, he wanted to stay active and involved with those around him. Park Place was the perfect fit for their family.

“I don’t want to be a burden to anyone,” Ralph says. “I know that no one would ever feel that way, but I felt that way.”

Ralph made the choice to move somewhere where trained, skilled professionals would take care of him. “I feel good about being right where I belong,” Ralph says. “And I am. I’m right where I belong.”

Ralph’s daughters live nearby and visit frequently, and they bring their furry friends for visits, too.

“Everyone loves when the dogs come by,” Ralph says.

“Yes, and Ralph seems to ‘accidentally’ drop a lot of treats for them,” teases Judy.

Ralph has lived at Park Place for over a year, and the family is still convinced it’s the perfect fit.

“He’s so happy here,” Judy says. “When I leave each time, I am just so thankful to God that he’s here, that He led us to Park Place.” ✿



PARK PLACE OF ST. JOHN

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