



A VILLAGE WOODS TESTIMONIAL

“I’m a great salesman
for this place.”

✿ Ben Dykstra, *Village Woods Resident, Independent Living*



Ben Dykstra, 90, uses every opportunity to talk about how much he loves his life at Village Woods since moving here in the fall. “My kids tell me I’m a great salesman for this place,” he says. Ben looked at another community, but Village Woods was the clear choice for several reasons.

One reason he chose Village Woods was for the scenic setting — the wide open spaces are just his style. “I get up in the morning, the sun comes over the horizon, and it’s just so beautiful. The view I get with all the trees — and I can see for miles out there. Everything I see is just so wonderful.”

Another reason he chose Village Woods was for the social life. Socialization is important to Ben, because he had been missing that for a while. “When I was at home, after my wife died three years ago, I kind of dropped out of society. Many of my friends had died. Most of the time I was so lonesome.”

Now, he doesn’t have time for loneliness. “There’s so much to do here. Twice a week I go down to SeniorFit, and my trainer helps me with an exercise routine. I go to Bible study, hymn sing—just about anything that I’m in the mood for.”

And while there were many other reasons he chose Village Woods, one of the main reasons was the food.

“I’m tired of cooking. I’m not a very good cook, so my meals were not always the best meals. I get three meals a day here, and I can choose what I want to eat. I didn’t want a kitchen — I wanted to get out of the kitchen!”

Ben is busy with Village Woods life, but he still keeps busy in the same activities he was a part of before Village Woods. He keeps his car in a garage here, and he comes and goes as he pleases. He keeps in close touch with his 7 kids through their visits and through the group text the 8 of them are part of. He also writes letters to inmates all over the country as part of a prison ministry.

“I didn’t really have to give up anything to come here. I’ve got all I need.” ✿



VILLAGE WOODS

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